

Breakfast  
Menu

Ohayo Gozaimaz Good Morning Bonjour  
Buenos Dias Guten Morgen Buon Giorno



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## THE FORE RESTAURANT BREAKFAST MENU

7:00am to 9:30am Monday through Friday  
7:30am to 10:00am Saturday, Sunday and Bank Holidays

### COLD BUFFET

Croissants and Pastries  
Assorted Cereals  
Fresh Fruit  
Dried Fruit  
Yoghurts

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### HOT BUFFET

Eggs (Scrambled, Fried, Poached or Boiled)  
Bacon (Streaky or Back)  
Cumberland Sausage or Chipolata  
Mushrooms, Beans, Tomatoes, Black Pudding  
Hash Browns  
Toast (White or Brown) or Fried Bread  
*Also available on request:*  
Porridge  
Kippers

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### CONTINENTAL BREAKFAST

Choice from the cold buffet selection  
including, Fruit Juice, Toast, Tea or Coffee

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### FULL ENGLISH BREAKFAST

Choice from both the hot and cold buffet selection  
including, Fruit Juice, Cereal, Toast, Tea or Coffee

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*Continental Breakfast £7.50*

*Full English £12.50*  
(Non Residents)

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Table service available, please ask a member of staff for assistance.

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### BEVERAGES

Tea (English Breakfast, Earl Grey,  
Decaffeinated Tea, Pure Green)  
Fruit blends (Peppermint, Lemon and Ginger,  
Blackcurrant, Ginseng and Vanilla,  
Cranberry, Raspberry and Elderflower)  
Coffee (Regular or Decaffeinated)  
Chilled Fruit Juices (Orange, Apple or Cranberry)  
Chilled Water and Cold Milk

