



Brunch (10am to 12pm)

Flat mushrooms on toast (v)	£6
Ham and emmental cheese croissant	£6
Smoked salmon and scrambled egg Served with brown or white toast	£12
Scrambled eggs on toast Choice of malted or white	£8
Bakers basket Freshly baked croissants & Danish pastries	£5
Smashed avocado On whole meal toast and poached eggs Add bacon, sausage or mushrooms	£7 £1.5

Beverages

Pot of tea for one	£4
Pot of tea for two	£6
Specialty teas	£3.5
Pot of coffee for one	£4
Pot of coffee for two	£7
Americano	£4
Espresso	£3
Latte	£4.5
Cappuccino	£4.5

Not all dishes have everything listed. If you have any questions regarding the menu, allergens
And/or ingredients, please feel free to ask your server for more info.



Light bites

Soup of the day Crusty bread	£7.5
Chorizo, serrano ham and salami Breads and pickles	£9
Goat's cheese and red onion jam quiche (v) Dressed rocket	£6
Selection of dips with flat bread Hummus, taramasalata and tzatziki	£7.5
7 Buffalo wings Blue cheese dip	£8
Vegetable pakora (v) Minted yogurt	£8

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Sandwiches

(Served toasted or freshly cut, with potato crisps & mixed leaves)

Bread Option: White, malted bloomer or ciabatta

Cheddar and tomato (v) Caramelized onion chutney	£7
Grants smoked salmon and cucumber Basil cream cheese	£8
Classic BLT Cured bacon, lettuce and tomato and mayonnaise	£7.5
Chicken and mayonnaise Baby spinach and plumb tomato	£8.5
Pastrami & Mustard Gherkins, sundried tomatoes, English mustard mayonnaise	£9
The East Sussex National Club Bacon, tomato, egg, baby gem, chicken with chunky chips	£11.5
Steak baguette 170g bavette steak cooked to your liking, with caramelized onion and whole grain mustard, With fries and dressed salad	£12.5

Salads

The East Sussex National Caesar salad (v) Cos lettuce, croutons, vegetarian parmesan cheese and Caesar dressing	£9.5 (with chicken £12)
The East Sussex bean and haloumi salad Cos lettuce, quinoa, edamame and kidney beans, flax seeds, watercress and soya & honey dressing	£10.5
Mozzarella and plum tomato salad (v) Pesto, balsamic reduction and roquette	£9.

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Main courses

The ESN burger	£13.5
7oz beef burger, emmental cheese Sliced tomato, baby gem, gherkin, chilli jam, coleslaw and skin on fries Add back bacon onion rings, avocado or blue cheese £1.5 each item	
Fish & chips	£12.5
Beer battered cod, smoked mushy peas and chunky chips	
Cottage pie	
Cheesy Mash potatoes, buttered greens	£12
Paneer, potato & spinach curry (vegan)	£12
Basmati rice, lime pickle and homemade chapatti and onion bargee	
Boneless Chicken thigh curry	£14
Basmati rice, lime pickle and homemade chapatti and onion bargee	
Mediterranean vegetable and goat's cheese burger	£12.5
Pesto, coleslaw and skin on fries	
Fresh linguini carbonara	£12
Fresh egg pasta, pancetta and free-range egg yolk with Reggiano parmesan (available with creamy sauce on request)	
Teriyaki tiger prawns	£13.5
Egg noodles, spring onions	
Vegetable tagine	£12
Couscous and minted cucumber soya yogurt (vegan)	

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All Sides £4.00

Chunky chips
Skin on fries
Tender stem broccoli and fresh chilli
Mixed seasonal vegetables
Mixed salad with house dressing

Tomato & cucumber salad
Mashed potato
Cheesy chips (£1
supplement)

East Sussex grill menu

All served with grilled vine plum tomato, homemade triple cooked chips and dressed watercress

200g bavette steak	£12
230g 28-day mature English rib eye steak	£25
Pork chop	£12
Gammon steak, fried egg	£10

Sauces

Béarnaise	£4
Peppercorn	£4



Afternoon Tea (2pm to 6pm) £19.95pp

Selection of finger sandwiches

Warm plain and fruit scones, clotted cream and raspberry jam

Mini cake selection

Choice of tea & coffee

Cream Tea

Warm plain and fruit scones with clotted cream & raspberry jam £7.50

Choice of tea & coffee

Desserts

Banana crème brûlée with shortbread £7.50

Chocolate and vanilla ice cream sundae £8.50

Selection of cheese and biscuits £9.25