

Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - West Course

Men's - Blue

Course Rating™: 72.7 - Slope Rating®: 134

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+6	24.1 to 24.8	29
+4.6 to +3.8	+5	24.9 to 25.7	30
+3.7 to +3.0	+4	25.8 to 26.5	31
+2.9 to +2.2	+3	26.6 to 27.4	32
+2.1 to +1.3	+2	27.5 to 28.2	33
+1.2 to +0.5	+1	28.3 to 29.0	34
+0.4 to 0.4	0	29.1 to 29.9	35
0.5 to 1.2	1	30.0 to 30.7	36
1.3 to 2.1	2	30.8 to 31.6	37
2.2 to 2.9	3	31.7 to 32.4	38
3.0 to 3.7	4	32.5 to 33.3	39
3.8 to 4.6	5	33.4 to 34.1	40
4.7 to 5.4	6	34.2 to 34.9	41
5.5 to 6.3	7	35.0 to 35.8	42
6.4 to 7.1	8	35.9 to 36.6	43
7.2 to 8.0	9	36.7 to 37.5	44
8.1 to 8.8	10	37.6 to 38.3	45
8.9 to 9.6	11	38.4 to 39.2	46
9.7 to 10.5	12	39.3 to 40.0	47
10.6 to 11.3	13	40.1 to 40.8	48
11.4 to 12.2	14	40.9 to 41.7	49
12.3 to 13.0	15	41.8 to 42.5	50
13.1 to 13.9	16	42.6 to 43.4	51
14.0 to 14.7	17	43.5 to 44.2	52
14.8 to 15.6	18	44.3 to 45.1	53
15.7 to 16.4	19	45.2 to 45.9	54
16.5 to 17.2	20	46.0 to 46.8	55
17.3 to 18.1	21	46.9 to 47.6	56
18.2 to 18.9	22	47.7 to 48.4	57
19.0 to 19.8	23	48.5 to 49.3	58
19.9 to 20.6	24	49.4 to 50.1	59
20.7 to 21.5	25	50.2 to 51.0	60
21.6 to 22.3	26	51.1 to 51.8	61
22.4 to 23.1	27	51.9 to 52.7	62
23.2 to 24.0	28	52.8 to 53.5	63
		53.6 to 54.0	64

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - West Course

Men's - White

Course Rating™: 69.6 - Slope Rating®: 130

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+6	24.0 to 24.7	28
+4.7 to +4.0	+5	24.8 to 25.6	29
+3.9 to +3.1	+4	25.7 to 26.5	30
+3.0 to +2.2	+3	26.6 to 27.3	31
+2.1 to +1.4	+2	27.4 to 28.2	32
+1.3 to +0.5	+1	28.3 to 29.1	33
+0.4 to 0.4	0	29.2 to 29.9	34
0.5 to 1.3	1	30.0 to 30.8	35
1.4 to 2.1	2	30.9 to 31.7	36
2.2 to 3.0	3	31.8 to 32.5	37
3.1 to 3.9	4	32.6 to 33.4	38
4.0 to 4.7	5	33.5 to 34.3	39
4.8 to 5.6	6	34.4 to 35.2	40
5.7 to 6.5	7	35.3 to 36.0	41
6.6 to 7.3	8	36.1 to 36.9	42
7.4 to 8.2	9	37.0 to 37.8	43
8.3 to 9.1	10	37.9 to 38.6	44
9.2 to 9.9	11	38.7 to 39.5	45
10.0 to 10.8	12	39.6 to 40.4	46
10.9 to 11.7	13	40.5 to 41.2	47
11.8 to 12.6	14	41.3 to 42.1	48
12.7 to 13.4	15	42.2 to 43.0	49
13.5 to 14.3	16	43.1 to 43.8	50
14.4 to 15.2	17	43.9 to 44.7	51
15.3 to 16.0	18	44.8 to 45.6	52
16.1 to 16.9	19	45.7 to 46.5	53
17.0 to 17.8	20	46.6 to 47.3	54
17.9 to 18.6	21	47.4 to 48.2	55
18.7 to 19.5	22	48.3 to 49.1	56
19.6 to 20.4	23	49.2 to 49.9	57
20.5 to 21.2	24	50.0 to 50.8	58
21.3 to 22.1	25	50.9 to 51.7	59
22.2 to 23.0	26	51.8 to 52.5	60
23.1 to 23.9	27	52.6 to 53.4	61
		53.5 to 54.0	62

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Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - West Course

Women's - White

Course Rating™: 75.7 - Slope Rating®: 134

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+6	24.1 to 24.8	29
+4.6 to +3.8	+5	24.9 to 25.7	30
+3.7 to +3.0	+4	25.8 to 26.5	31
+2.9 to +2.2	+3	26.6 to 27.4	32
+2.1 to +1.3	+2	27.5 to 28.2	33
+1.2 to +0.5	+1	28.3 to 29.0	34
+0.4 to 0.4	0	29.1 to 29.9	35
0.5 to 1.2	1	30.0 to 30.7	36
1.3 to 2.1	2	30.8 to 31.6	37
2.2 to 2.9	3	31.7 to 32.4	38
3.0 to 3.7	4	32.5 to 33.3	39
3.8 to 4.6	5	33.4 to 34.1	40
4.7 to 5.4	6	34.2 to 34.9	41
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8.1 to 8.8	10	37.6 to 38.3	45
8.9 to 9.6	11	38.4 to 39.2	46
9.7 to 10.5	12	39.3 to 40.0	47
10.6 to 11.3	13	40.1 to 40.8	48
11.4 to 12.2	14	40.9 to 41.7	49
12.3 to 13.0	15	41.8 to 42.5	50
13.1 to 13.9	16	42.6 to 43.4	51
14.0 to 14.7	17	43.5 to 44.2	52
14.8 to 15.6	18	44.3 to 45.1	53
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19.0 to 19.8	23	48.5 to 49.3	58
19.9 to 20.6	24	49.4 to 50.1	59
20.7 to 21.5	25	50.2 to 51.0	60
21.6 to 22.3	26	51.1 to 51.8	61
22.4 to 23.1	27	51.9 to 52.7	62
23.2 to 24.0	28	52.8 to 53.5	63
		53.6 to 54.0	64

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

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Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - West Course

Women's - Red

Course Rating™: 70.7 - Slope Rating®: 121

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+5	24.8 to 25.6	27
+4.2 to +3.3	+4	25.7 to 26.6	28
+3.2 to +2.4	+3	26.7 to 27.5	29
+2.3 to +1.5	+2	27.6 to 28.4	30
+1.4 to +0.5	+1	28.5 to 29.4	31
+0.4 to 0.4	0	29.5 to 30.3	32
0.5 to 1.4	1	30.4 to 31.2	33
1.5 to 2.3	2	31.3 to 32.2	34
2.4 to 3.2	3	32.3 to 33.1	35
3.3 to 4.2	4	33.2 to 34.0	36
4.3 to 5.1	5	34.1 to 35.0	37
5.2 to 6.0	6	35.1 to 35.9	38
6.1 to 7.0	7	36.0 to 36.8	39
7.1 to 7.9	8	36.9 to 37.8	40
8.0 to 8.8	9	37.9 to 38.7	41
8.9 to 9.8	10	38.8 to 39.6	42
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10.8 to 11.6	12	40.7 to 41.5	44
11.7 to 12.6	13	41.6 to 42.4	45
12.7 to 13.5	14	42.5 to 43.4	46
13.6 to 14.4	15	43.5 to 44.3	47
14.5 to 15.4	16	44.4 to 45.2	48
15.5 to 16.3	17	45.3 to 46.2	49
16.4 to 17.2	18	46.3 to 47.1	50
17.3 to 18.2	19	47.2 to 48.0	51
18.3 to 19.1	20	48.1 to 49.0	52
19.2 to 20.0	21	49.1 to 49.9	53
20.1 to 21.0	22	50.0 to 50.8	54
21.1 to 21.9	23	50.9 to 51.8	55
22.0 to 22.8	24	51.9 to 52.7	56
22.9 to 23.8	25	52.8 to 53.6	57
23.9 to 24.7	26	53.7 to 54.0	58

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