



East Sussex
NATIONAL

Health Club & Spa – Festive Opening Times

24th December

Health Club 07.00 – 19.00 (children's swim times available)

Spa 09.00 – 17.00

25th December

Health Club 10.00-14.00 (children's swim times available)

Spa – 10.00-14.00

26th December

Health Club 09.00 – 17.00 (children's swim times available)

Spa 09.00-17.00

31st December

Health Club 09.00 – 17.00 (children's swim times available)

Spa 09.00-17.00

1st January

Health Club 09.00-17.00 (children's swim times available)

Spa 09.00 – 17.00

Please contact the Health Club & Spa on 3060 to book now