

Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - East Course

Men's - Gold

Course Rating™: 75.4 - Slope Rating®: 151

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+7	24.4 to 25.0	33
+4.8 to +4.2	+6	25.1 to 25.8	34
+4.1 to +3.4	+5	25.9 to 26.5	35
+3.3 to +2.7	+4	26.6 to 27.3	36
+2.6 to +1.9	+3	27.4 to 28.0	37
+1.8 to +1.2	+2	28.1 to 28.8	38
+1.1 to +0.4	+1	28.9 to 29.5	39
+0.3 to 0.3	0	29.6 to 30.3	40
0.4 to 1.1	1	30.4 to 31.0	41
1.2 to 1.8	2	31.1 to 31.8	42
1.9 to 2.6	3	31.9 to 32.5	43
2.7 to 3.3	4	32.6 to 33.3	44
3.4 to 4.1	5	33.4 to 34.0	45
4.2 to 4.8	6	34.1 to 34.7	46
4.9 to 5.6	7	34.8 to 35.5	47
5.7 to 6.3	8	35.6 to 36.2	48
6.4 to 7.1	9	36.3 to 37.0	49
7.2 to 7.8	10	37.1 to 37.7	50
7.9 to 8.6	11	37.8 to 38.5	51
8.7 to 9.3	12	38.6 to 39.2	52
9.4 to 10.1	13	39.3 to 40.0	53
10.2 to 10.8	14	40.1 to 40.7	54
10.9 to 11.5	15	40.8 to 41.5	55
11.6 to 12.3	16	41.6 to 42.2	56
12.4 to 13.0	17	42.3 to 43.0	57
13.1 to 13.8	18	43.1 to 43.7	58
13.9 to 14.5	19	43.8 to 44.5	59
14.6 to 15.3	20	44.6 to 45.2	60
15.4 to 16.0	21	45.3 to 46.0	61
16.1 to 16.8	22	46.1 to 46.7	62
16.9 to 17.5	23	46.8 to 47.5	63
17.6 to 18.3	24	47.6 to 48.2	64
18.4 to 19.0	25	48.3 to 49.0	65
19.1 to 19.8	26	49.1 to 49.7	66
19.9 to 20.5	27	49.8 to 50.5	67
20.6 to 21.3	28	50.6 to 51.2	68
21.4 to 22.0	29	51.3 to 52.0	69
22.1 to 22.8	30	52.1 to 52.7	70
22.9 to 23.5	31	52.8 to 53.5	71
23.6 to 24.3	32	53.6 to 54.0	72

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - East Course

Men's - Blue

Course Rating™: 73.6 - Slope Rating®: 145

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+6	24.6 to 25.3	32
+4.2 to +3.6	+5	25.4 to 26.1	33
+3.5 to +2.8	+4	26.2 to 26.8	34
+2.7 to +2.0	+3	26.9 to 27.6	35
+1.9 to +1.2	+2	27.7 to 28.4	36
+1.1 to +0.4	+1	28.5 to 29.2	37
+0.3 to 0.3	0	29.3 to 30.0	38
0.4 to 1.1	1	30.1 to 30.7	39
1.2 to 1.9	2	30.8 to 31.5	40
2.0 to 2.7	3	31.6 to 32.3	41
2.8 to 3.5	4	32.4 to 33.1	42
3.6 to 4.2	5	33.2 to 33.8	43
4.3 to 5.0	6	33.9 to 34.6	44
5.1 to 5.8	7	34.7 to 35.4	45
5.9 to 6.6	8	35.5 to 36.2	46
6.7 to 7.4	9	36.3 to 37.0	47
7.5 to 8.1	10	37.1 to 37.7	48
8.2 to 8.9	11	37.8 to 38.5	49
9.0 to 9.7	12	38.6 to 39.3	50
9.8 to 10.5	13	39.4 to 40.1	51
10.6 to 11.2	14	40.2 to 40.9	52
11.3 to 12.0	15	41.0 to 41.6	53
12.1 to 12.8	16	41.7 to 42.4	54
12.9 to 13.6	17	42.5 to 43.2	55
13.7 to 14.4	18	43.3 to 44.0	56
14.5 to 15.1	19	44.1 to 44.8	57
15.2 to 15.9	20	44.9 to 45.5	58
16.0 to 16.7	21	45.6 to 46.3	59
16.8 to 17.5	22	46.4 to 47.1	60
17.6 to 18.3	23	47.2 to 47.9	61
18.4 to 19.0	24	48.0 to 48.7	62
19.1 to 19.8	25	48.8 to 49.4	63
19.9 to 20.6	26	49.5 to 50.2	64
20.7 to 21.4	27	50.3 to 51.0	65
21.5 to 22.2	28	51.1 to 51.8	66
22.3 to 22.9	29	51.9 to 52.6	67
23.0 to 23.7	30	52.7 to 53.3	68
23.8 to 24.5	31	53.4 to 54.0	69

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - East Course

Men's - White

Course Rating™: 70.4 - Slope Rating®: 132

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+6	24.4 to 25.2	29
+4.7 to +3.9	+5	25.3 to 26.1	30
+3.8 to +3.0	+4	26.2 to 26.9	31
+2.9 to +2.2	+3	27.0 to 27.8	32
+2.1 to +1.3	+2	27.9 to 28.6	33
+1.2 to +0.5	+1	28.7 to 29.5	34
+0.4 to 0.4	0	29.6 to 30.3	35
0.5 to 1.2	1	30.4 to 31.2	36
1.3 to 2.1	2	31.3 to 32.1	37
2.2 to 2.9	3	32.2 to 32.9	38
3.0 to 3.8	4	33.0 to 33.8	39
3.9 to 4.7	5	33.9 to 34.6	40
4.8 to 5.5	6	34.7 to 35.5	41
5.6 to 6.4	7	35.6 to 36.3	42
6.5 to 7.2	8	36.4 to 37.2	43
7.3 to 8.1	9	37.3 to 38.0	44
8.2 to 8.9	10	38.1 to 38.9	45
9.0 to 9.8	11	39.0 to 39.8	46
9.9 to 10.7	12	39.9 to 40.6	47
10.8 to 11.5	13	40.7 to 41.5	48
11.6 to 12.4	14	41.6 to 42.3	49
12.5 to 13.2	15	42.4 to 43.2	50
13.3 to 14.1	16	43.3 to 44.0	51
14.2 to 14.9	17	44.1 to 44.9	52
15.0 to 15.8	18	45.0 to 45.7	53
15.9 to 16.6	19	45.8 to 46.6	54
16.7 to 17.5	20	46.7 to 47.5	55
17.6 to 18.4	21	47.6 to 48.3	56
18.5 to 19.2	22	48.4 to 49.2	57
19.3 to 20.1	23	49.3 to 50.0	58
20.2 to 20.9	24	50.1 to 50.9	59
21.0 to 21.8	25	51.0 to 51.7	60
21.9 to 22.6	26	51.8 to 52.6	61
22.7 to 23.5	27	52.7 to 53.5	62
23.6 to 24.3	28	53.6 to 54.0	63

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

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Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - East Course

Women's - Ivory

Course Rating™: 76.2 - Slope Rating®: 147

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+7	24.3 to 24.9	32
+4.9 to +4.3	+6	25.0 to 25.7	33
+4.2 to +3.5	+5	25.8 to 26.5	34
+3.4 to +2.7	+4	26.6 to 27.2	35
+2.6 to +2.0	+3	27.3 to 28.0	36
+1.9 to +1.2	+2	28.1 to 28.8	37
+1.1 to +0.4	+1	28.9 to 29.5	38
+0.3 to 0.3	0	29.6 to 30.3	39
0.4 to 1.1	1	30.4 to 31.1	40
1.2 to 1.9	2	31.2 to 31.9	41
2.0 to 2.6	3	32.0 to 32.6	42
2.7 to 3.4	4	32.7 to 33.4	43
3.5 to 4.2	5	33.5 to 34.2	44
4.3 to 4.9	6	34.3 to 34.9	45
5.0 to 5.7	7	35.0 to 35.7	46
5.8 to 6.5	8	35.8 to 36.5	47
6.6 to 7.3	9	36.6 to 37.2	48
7.4 to 8.0	10	37.3 to 38.0	49
8.1 to 8.8	11	38.1 to 38.8	50
8.9 to 9.6	12	38.9 to 39.5	51
9.7 to 10.3	13	39.6 to 40.3	52
10.4 to 11.1	14	40.4 to 41.1	53
11.2 to 11.9	15	41.2 to 41.8	54
12.0 to 12.6	16	41.9 to 42.6	55
12.7 to 13.4	17	42.7 to 43.4	56
13.5 to 14.2	18	43.5 to 44.2	57
14.3 to 14.9	19	44.3 to 44.9	58
15.0 to 15.7	20	45.0 to 45.7	59
15.8 to 16.5	21	45.8 to 46.5	60
16.6 to 17.2	22	46.6 to 47.2	61
17.3 to 18.0	23	47.3 to 48.0	62
18.1 to 18.8	24	48.1 to 48.8	63
18.9 to 19.6	25	48.9 to 49.5	64
19.7 to 20.3	26	49.6 to 50.3	65
20.4 to 21.1	27	50.4 to 51.1	66
21.2 to 21.9	28	51.2 to 51.8	67
22.0 to 22.6	29	51.9 to 52.6	68
22.7 to 23.4	30	52.7 to 53.4	69
23.5 to 24.2	31	53.5 to 54.0	70

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

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Course Handicap Table

England Golf

East Sussex National Golf Resort and Spa (1005698) - East Course

Women's - Red

Course Rating™: 72.0 - Slope Rating®: 133

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+6	24.3 to 25.0	29
+4.6 to +3.9	+5	25.1 to 25.9	30
+3.8 to +3.0	+4	26.0 to 26.7	31
+2.9 to +2.2	+3	26.8 to 27.6	32
+2.1 to +1.3	+2	27.7 to 28.4	33
+1.2 to +0.5	+1	28.5 to 29.3	34
+0.4 to 0.4	0	29.4 to 30.1	35
0.5 to 1.2	1	30.2 to 31.0	36
1.3 to 2.1	2	31.1 to 31.8	37
2.2 to 2.9	3	31.9 to 32.7	38
3.0 to 3.8	4	32.8 to 33.5	39
3.9 to 4.6	5	33.6 to 34.4	40
4.7 to 5.5	6	34.5 to 35.2	41
5.6 to 6.3	7	35.3 to 36.1	42
6.4 to 7.2	8	36.2 to 36.9	43
7.3 to 8.0	9	37.0 to 37.8	44
8.1 to 8.9	10	37.9 to 38.6	45
9.0 to 9.7	11	38.7 to 39.5	46
9.8 to 10.6	12	39.6 to 40.3	47
10.7 to 11.4	13	40.4 to 41.2	48
11.5 to 12.3	14	41.3 to 42.0	49
12.4 to 13.1	15	42.1 to 42.9	50
13.2 to 14.0	16	43.0 to 43.7	51
14.1 to 14.8	17	43.8 to 44.6	52
14.9 to 15.7	18	44.7 to 45.4	53
15.8 to 16.5	19	45.5 to 46.3	54
16.6 to 17.4	20	46.4 to 47.1	55
17.5 to 18.2	21	47.2 to 48.0	56
18.3 to 19.1	22	48.1 to 48.8	57
19.2 to 19.9	23	48.9 to 49.7	58
20.0 to 20.8	24	49.8 to 50.5	59
20.9 to 21.6	25	50.6 to 51.4	60
21.7 to 22.5	26	51.5 to 52.2	61
22.6 to 23.3	27	52.3 to 53.1	62
23.4 to 24.2	28	53.2 to 53.9	63
		54.0 to 54.0	64

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