

**COURSE HANDICAP TABLE***East Sussex National Golf & Country Club*

East Sussex National-East Course



Course Rating 37.3

**East - Men's Gold F9 (from 11 Feb 2021)**

Par 36

Slope 146

Handicap Index	Course Handicap	Handicap Index	Course Handicap
+5.0 to +4.4	+2	28.2 to 29.7	20
+4.3 to +2.8	+1	29.8 to 31.2	21
+2.7 to +1.3	0	31.3 to 32.8	22
+1.2 to 0.3	1	32.9 to 34.3	23
0.4 to 1.8	2	34.4 to 35.9	24
1.9 to 3.4	3	36.0 to 37.4	25
3.5 to 4.9	4	37.5 to 39.0	26
5.0 to 6.5	5	39.1 to 40.5	27
6.6 to 8.0	6	40.6 to 42.1	28
8.1 to 9.5	7	42.2 to 43.6	29
9.6 to 11.1	8	43.7 to 45.1	30
11.2 to 12.6	9	45.2 to 46.7	31
12.7 to 14.2	10	46.8 to 48.2	32
14.3 to 15.7	11	48.3 to 49.8	33
15.8 to 17.3	12	49.9 to 51.3	34
17.4 to 18.8	13	51.4 to 52.9	35
18.9 to 20.4	14	53.0 to 54.0	36
20.5 to 21.9	15		
22.0 to 23.5	16		
23.6 to 25.0	17		
25.1 to 26.6	18		
26.7 to 28.1	19		

**INSTRUCTIONS**

Find the range containing your Handicap Index in the left column.

Play with the Course Handicap in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.