



## TREATMENTS - PRICE LIST

### BODY & MASSAGE TREATMENTS

Back, Neck & Shoulder Massage 25 minutes	
Monday to Thursday	£42.00
Friday to Sunday	£47.00
Back, Neck & Shoulder Massage with Hot Stones 25 minutes	
Monday to Thursday	£50.00
Friday to Sunday	£55.00
Shoulder, Neck & Scalp Massage 25 minutes *	
Monday to Thursday	£42.00
Friday to Sunday	£47.00
Aromatherapy Full Body Massage 55 minutes *	
Monday to Thursday	£72.00
Friday to Sunday	£84.00
Aromatherapy Full Body Massage with Hot Stones * 55 minutes	
Monday to Thursday	£78.00
Friday to Sunday	£89.00

Lift & Firm Hip & Thigh Treatment 55 minutes	
Monday to Thursday	£70.00
Friday to Sunday	£80.00
Espa Detox Wrap 55 minutes *	
Monday to Thursday	£70.00
Friday to Sunday	£84.00
Espa Body Wrap 55 minutes	
Monday to Thursday	£74.00
Friday to Sunday	£84.00

### HAND & NAIL TREATMENTS

Deluxe Manicure 60 minutes	£47.00
Deluxe Pedicure 60 minutes	£47.00
Mini Manicure or Pedicure 30 minutes each	£36.00
GEleration Manicure or Pedicure 60 minutes each	£50.00
Reflexology 55 minutes	
Friday to Sunday	£80.00
Monday to Thursday	£72.00

\* Treatments adapted to non-facial / scalp



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### ESPA TREATMENTS FOR MEN

Muscle Reviver 40 minutes	
Monday to Thursday	£58.00
Friday to Sunday	£68.00

### HOLISTIC TREATMENTS

Total Holistic Hot Stones 115 minutes *	
Monday to Thursday	£129.00
Friday to Sunday	£139.00

### ESPA MATERNITY

Pregnancy Back Massage 25 minutes	
Monday to Thursday	£42.00
Friday to Sunday	£47.00

### WAXING

Full Leg Wax	£38.00
Half Leg Wax	£27.00
Underarm Wax	£16.00
Bikini Wax	£19.00
Back Wax	£26.00
Shoulder Wax	£16.00
Back & Shoulder Wax	£31.00

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### DAY PROGRAMMES

Unwind 1 hour 30 minutes *	
Inc. Full Body Massage and Personalised ESPA Facial	
Monday to Thursday	£80.00
Friday to Sunday	£90.00
Pure Indulgence 2 hours 20 minutes *	
Inc. Total Balancing Hot Stones and Deluxe Manicure	
Monday to Thursday	£175.00
Friday to Sunday	£195.00
Take a Break 50 minutes *	
Inc. two mini treatments	
Monday to Thursday only	£74.00
Baby Bliss 1 hour 30 minutes *	
Inc. Pre/Post Natal Massage and Mini Pedicure	
Monday to Thursday	£100.00
Friday to Sunday	£115.00
Upgrade to a deluxe pedicure for an extra	£11.00

### HIGH TEA & LEISURE DAY

**Use of Health Club Facilities** between 10:00- 18:00  
(Swimming Pool, Jacuzzi, Gym and Fitness Classes)

#### 1 x 25 Minute Treatment

(Choose from the following: Back Massage, Mini Manicure or Pedicure, Salt and Oil Scrub or Invigorating Foot Treatment)

**An Afternoon Tea** (Served between 14:00 - 17:00)

**Complimentary Robes, Slippers, Towels and Hot Drinks**

Monday to Thursday	£175.00pp
Friday to Sunday	£195.00pp

*Please note that facility use times are limited during Covid restrictions - please call the team for further information and times available.*

\* Treatments adapted to non-facial / scalp

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